

APRIL 2023

MOSSYROCK VIKINGS

LUNCH



School Information: Mossyrock School District is an equal opportunity provider. ****ALL STUDENTS ARE ELIGIBLE FOR FREE BREAKFAST THROUGH JUNE 2023****



April is National Garden Month. Consider planting some seeds at home. You can start your seeds indoors in a small container (an empty cereal bowl from school would work well) and move them outside to a patio or garden plot when the weather allows.



MONDAY

****Breakfast – Fruit & Milk**
****Lunch – Veggie, Fruit and Milk**

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SPRING BREAK

3

SPRING BREAK

4

SPRING BREAK

5

SPRING BREAK

6

SPRING BREAK

7

Blueberry Breakfast Cake 10

Popcorn Chicken Bowl w/
Mashed Potatoes, Corn & Gravy

Biscuits and Gravy 17

Beef Teriyaki Dippers & Rice

Hard Boiled Egg & Toast 24

Glazed Orange Chicken & Rice

Omelet & Toast 11

Haystacks

Cereal & Graham Cracker 18

Burrito Bowl

Warm Banana Bread & Yogurt 25

Chicken Philly Cheesy Sandwich

Cereal & Graham Cracker 12

Rambling Jack Breakfast Sandwich

Hash brown Breakfast Bake 19

Fish Sticks & Chips

National Pretzel Day Breakfast Scramble w/Biscuit 26

Baked Pretzel w/Cheese Sauce

Breakfast Pizza 13

Creamy Broccoli Cheese Soup & Garlic Breadstick

Homemade Muffin & Yogurt 20

Yummy Veggie Soup & Turkey Cheese Sandwich

Churro!!! 27

Creamy Potato Soup & Sub Sandwich

Warm Bagel & Cream Cheese 14

Pizza Fri-YAY!!!

Blueberry French Toast Bake 21

Hamburgers w/Lettuce, Tomato and Pickles

Homemade Breakfast Burrito 26

Pizza Fri-YAY!!!

